



Recommended Reading List

Please note that this list only serves as a recommendation. The books included on this list pertain to child development, parent & child relationships and issues that all parents experience.

Parent Resources:

- Ages & Stages by Karen Miller
- Between Parent & Child by Dr. Haim Ginott
- Healthy Sleep Habits, Happy Child by Dr. Marc Weissbluth
- They Way They Learn by Cynthia Ulrich Tobias
- The Educated Child: A Parent's Guide from Preschool Through Eight Grade by William J. Bennett
- What to Expect at Preschool by Heidi Murkoff, Laura Rader
- The Blessing of a Skinned Knee: Using Jewish Teachings to Raise Self-Reliant Children by Wendy Mogel

Books for Children:

- Arthur Goes to School by Marc Brown
- Froggy Goes to School by Jonathan London
- My Teacher's My Friend by P.K. Hallinan
- Mouse's First Day of School by Lauren Thompson
- First Day Jitters by Julie Danneberg (Kindergarten students)
- How I Spent My Summer Vacation by Mark Teague (Kindergarten students)
- The Kissing Hand by Audrey Penn
- The Night Before Kindergarten by Natasha Wing
- I Love You All Day Long by Francesa Rusackas
- My First Day at Nursery School by Becky Edwards & Anthony Flintoff
- Don't Go by Jane Breskin Zalben

Please know that children do pick up on the anxiety of the adults around them. We ask that you remain excited yet relaxed regarding the upcoming school year. In addition, please use your judgment in regards to how early (or late) you begin reading and speaking to your children about their school experience. Remember to please notify the office if there are any changes in your home life as this can have an effect on your child's behavior at school.